

# Formation Resources for Lent

(with a focus on free and low budget resources)

The Episcopal Church

[https://www.episcopalchurch.org/lent-resources/?mc\\_cid=abec97216e&mc\\_eid=17028afc1c](https://www.episcopalchurch.org/lent-resources/?mc_cid=abec97216e&mc_eid=17028afc1c)

Most available free

- Lent curriculum, sermons, lesson plans, devotionals, and meditations
- “Life Transformed: The Way of Love in Lent” – adult forum sessions with videos
- Sermons That Work for Holy Week and Easter
- Publicity material, bulletin inserts, and more

Episcopal Relief & Development

- Daily Lenten meditations, study guide for use with groups, prayers
- This year’s theme: “let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching.” (Hebrews 10:24-25)

<https://www.episcopalrelief.org/church-in-action/lent/>

Kate Bowler, author of several books and professor at Duke Divinity School

- This year’s theme: “The Hardest Part: Hurt We Carry, Hope We Find” (previous year’s materials also available)
- Free guides available for individuals, groups, and churches (print it yourself)

<https://katebowler.com/lent/>

Forward Movement

- Will You? A Lenten Study of Baptismal Promises (Book is \$12, but there is a free leader guide available for a 5-week series)

<https://www.forwardmovement.org/Products/2672/will-you.aspx>

Living Compass

- Publishes a Lenten devotional that you can print yourself for free, or order for \$1/ devotional (free shipping). This year’s devotional is on the fruit of the Spirit.
- They also offer free print-it-yourself guides for small groups and/or a retreat.

<https://www.livingcompass.org/>

Lent Madness

- Learn about the saints in a fun way! You can print the bracket for free, or order printed materials from Forward Movement for a cost.

[Lentmadness.org](http://Lentmadness.org)

## Illustrated Ministry

- Summary of their Lent Resources can be found at this link (available for purchase on a sliding scale depending on church size; both print & digital resources)
- Their new theme for 2025 is “Bread of Life”

<https://store.illustratedministry.com/collections/lent>

## A Sanctified Art

- This year’s Lent devotional is “Everything In Between: Meeting God in the Midst of Extremes”
- View their print-it-yourself devotionals at this link (available for purchase on a sliding scale depending on church size, with special subsidies for “micro churches,” which they define as 25 members or less and no full-time, paid staff)

<https://sanctifiedart.org/devotionals>

Click here for a link to the application for a micro-church subsidy:

<https://sanctifiedart.org/pricingphilosophy>

## Building Faith

- Find ideas for teaching about Lent and activities for a variety of ages

<https://buildfaith.org/lent/>

## Salt

- Print-it-yourself resources on a sliding scale by church size; some creative Lent devotionals with themes like “CS Lewis and the Delightful, Diabolical Daring of Lent,” “Emily Dickinson and the Poetry of Lent,” “Henri Matisse and the Colors of Lent,” and more

<https://www.saltproject.org/progressive-church-print-resources>

## Lent & Holy Week in a Bag

- A great way to engage people of all ages who might want a more tactile way to engage with Lent
- Examples for Lent here: <https://buildfaith.org/lent-in-a-bag/>, and <https://buildfaith.org/lent-in-a-bag-your-shared-photos/>
- Holy Week in a Bag: <https://buildfaith.org/holy-week-in-a-box/>

## St. George’s College Jerusalem

### Lent Series: A River through the Desert

- Video available on YouTube: [https://www.youtube.com/watch?v=bI99-Sj7\\_jY](https://www.youtube.com/watch?v=bI99-Sj7_jY)
- Also available as a book by Dean Richard Sewell, titled “River Through the Desert: A Lenten Journey in the Holy Land”

## CareNotes

- “Forty Ways to Enrich Your Lenten Prayer,” available at <https://carenotes.com/product-category/milestones-holidays/lent/>

## Book Ideas for Lent:

- *Bread and Wine*, an anthology of readings for Lent and Easter by Plough Publishing
- *Entering the Passion of Jesus* by Amy Jill Levine (also has accompanying video)
- *Cross Shattered Christ* by Stanley Hauerwas
- *The Last Week* by Marcus Borg and John Dominic Crossan
- *Bold to Say* by Rachel Jones (from Forward Movement)
- Rev. Carol Mead’s Lent Devotional